

Adult Case Management Services

Case managers at The Arc of the Capital Area coordinate a range of community services and supports to help individuals with intellectual and developmental disabilities achieve and maintain personal independence. Together the client and case manager develop an Individual Service Plan (ISP) to outline clear, realistic goals so the client can live successfully in the community.

Services:

MEDICAL MAINTENANCE

- ◇ Assists client in scheduling appointments
- ◇ Advocates at doctor's appointments, if needed
- ◇ Assists client in accessing local medical resources

HOUSING AND LIVING ASSISTANCE

- ◇ Educates clients about area resources that specialize in independent living
- ◇ Provides assistance and connection with Texas Housing Authority (Section 8), if needed
- ◇ Provides eligible access to crisis assistance and the Best Single Source Plus program (BSS+), if eligible
- ◇ Assists and advocates for the client in the process of applying for Medicaid, SSI, Medicare, and food stamps

MONEY MANAGEMENT

- ◇ Assists clients with balancing their checkbook, connecting them with a bill payee program
- ◇ Provides referrals to the Austin Resource Center for Independent Living (ARCIL)



DAILY LIVING RESOURCES AND SOCIAL RECREATION DEVELOPMENT

- ◇ Provides face-to-face interaction with the client monthly
- ◇ Invites eligible clients to social recreation activities
- ◇ Provides assistance in accessing Travis County resources
- ◇ Connects eligible clients to Capital Metro Access (special transit services)
- ◇ Assists eligible clients with accessing food pantries and similar resources in Austin

EMPLOYMENT

- ◇ Connects clients to job coaching agencies such as government facilities programs, DARS (Department of Assistive and Rehabilitation Services), Goodwill, and Easter Seals
- ◇ Assists clients with job applications, job maintenance, and advocacy, if needed